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“MEASUREMENTS OF TEMPORAL and spatial gait parameters are commonly used by rehabilitation professionals to identify gait deviations, to screen elderly people for risk of falling, to monitor patient progress, and to determine the effectiveness of therapy interventions.

OBJECTIVE: To determine the agreement for measurements of stride length, cadence, and walking speed obtained from the GAITRite system and the stopwatch–footfall count technique.

CONCLUSIONS: This study shows that the GAITRite and stopwatch–footfall count methods lack clinically acceptable agreement for the measurements of cadence and stride length in a group of healthy volunteers walking at their self-selected speeds. Clinicians who require precise measurement of cadence and stride length should consider using the GAITRite system instead of the stopwatch–footfall count technique.”

Agreement between the GAITRite walkway system and a stopwatch–footfall count method for measurement of temporal and spatial gait parameters


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